

Choice Health and Fitness Center



Grand Forks, North Dakota

Year Completed: 2012

Electrical Construction: \$1.8 M

Project Manager: Steve Wasvick

Project Foreman: Travis LaPlante

Architect: EAPC Architects & Engineers

Construction Manager: Community Contractors

The 160,000 square foot Choice Health and Fitness Center was a unique collaborative effort between the Grand Forks Park District, Altru Health System, Choice Financial Bank, and numerous community donors. Along with 15,000 square feet of work-out equipment space, 3,500 square feet of group exercise studio space, and a Cycling Studio with RPM indoor cycling workouts, the facility boasts 14 sports courts (basketball, tennis, racquetball, and volleyball), one of the only rowing facilities in the Midwest, and an Aquatics Complex. There is also tenant space on the main floor, which includes a chiropractor, physical therapists, a health assessment coordinator, and rotating specialty physicians to enhance a client's overall health.

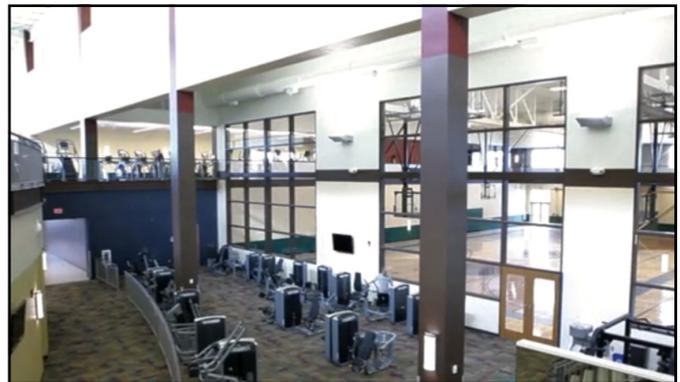
Bergstrom Electric served as the electrical contractor and started work in June of 2011. Crews installed a 3,000 amp, 277/280 volt service, a 600 amp distribution center, two 400 amp distribution centers, and 10 transformers of various sizes to feed the 22 subpanels. The project also included about 82,000 feet of conduit.

A further challenge came when the owner requested an earlier grand opening date than the original schedule allowed - two months sooner than expected. Bergstrom pulled technicians from all over the state and had 25 personnel on the project, working 70 hours a week, for approximately 6 weeks in order to successfully meet the new deadline.

The project took a total of 16,000 man-hours at a total electrical construction cost of \$1.8 million. It was completed on time in September of 2012.



Above: Balloons are released at the Grand Opening of the Choice Health & Fitness Center on September 24. Below: Indoor photographs of the new facility.



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